ABSTRACT

ERIDA ERSIYOMA. Clean and healthy behaviour, parenting pattern, nutritional status, and health status of toddlers around the area program of Warung Anak Sehat (WAS) in Sukabumi Regency. Advisory by Katrin Roosita.

The objective of this study was to analyze the nutritional knowledge, clean and healthy behavior, parenting pattern (eating and health), nutritional status, and health status of toddlers around the area program of Warung Anak Sehat (WAS). The study was conducted on June through October 2011, in five districts of Sukabumi Regency. The cross sectional study design was used and 79 samples were recruited. Most of the toddler mother's have a moderate (fair) nutrition knowledge and clean (72.2%) and healthy behaviour (70.9%). The availability of physical facilities of house such as ventilation, trash, clean water, and floors relatively are good, but their availability of water waste disposal facility is relatively bad. The parenting pattern (Eating and health) is moderate. Prevalence of underweight toddlers is 11.4%, stunting is 46.8%, and wasting is 6.3%. The score of health status is mostly high, and the diseases that most frequently affected were cold, fever, cough. There is no correlation between the clean and healthy lifestyle behavior and parenting pattern with nutritional status, but there is a significant correlation between the availability of physical facilities with event of illnesses and the score of health status (p<0.05). Nutritional status (TB/U) is significantly correlated with nutrition knowledge, meanwhile, nutritional status (TB/U) is significantly correlated with the score of health status.

Key words: Nutrition status, health status, clean and healthy behavior (PHBS), toddlers